

FREE EMOTIONAL SUPPORT

is available for the entire family at Gilda's Club Madison.

Psychosocial support through Gilda's Club can help you reduce distress, improve your ability to manage your cancer, and potentially help you reduce your cost of care.



Virtual Programs Available via Zoom and Phone

WHO ARE OUR MEMBERS?

- Men, women, children and teens
- With any cancer diagnosis, at any stage
- · And those who care for someone with cancer

OUR FREE PROGRAMS INCLUDE

Weekly, professionally-facilitated support groups for:

- · Adults with a cancer diagnosis
- Caregivers
- Teens
- Kids

We also offer:

- · Healthy living and educational programming
- Monthly support groups to meet your current needs
- Post-treatment support to help you find your "new normal"
- Patient advocacy support
- Short-term individual or family counseling
- · "Open to Options" treatment decision counseling

HOW TO GET STARTED with your free membership

Call 608-828-8880

Email <u>program@</u> gildasclubmadison.org

Visit <u>GildasClubMadison.org</u> to learn more

Outside Wisconsin?

Call the Cancer Support Community helpline at 888.793.9355





www.GildasClubMadison.org Phone: 608.828.8880